

Can't Fool Me! (Sample)



Yello Dyno Teacher Friendly Lesson Plan Grades 2-3
This lesson and script book is normally 28 pages.

Objective: To have the students learn ten key personal safety rules.

Class Presentation: The lessons are best taught one Yello Dyno Pro Lesson Section per week for six weeks, but a one-class lesson is very effective, if that is all the time you have.

1. Yello Dyno's Safety Rule
KNOWLEDGE IS POWER.

2. Yello Dyno's Safety Rule
I ALWAYS ASK FIRST.

3. Yello Dyno's Safety Rule
TRICKY PEOPLE, IT'S WHAT THEY ASK ME TO DO THAT MATTERS.

4. Yello Dyno's Safety Rule
I ALWAYS HAVE A BUDDY.

5. Yello Dyno's Safety Rule
I CAN TAKE THREE STEPS BACK AND RUN LIKE THE WIND!

6. Yello Dyno's Safety Rule
I KNOW THE YELLO DYNO YELL!

7. Yello Dyno's Safety Rule
I TRUST MY FEELINGS.

8. Yello Dyno's Safety Rule
I CAN SAY, NO!

9. Yello Dyno's Safety Rule
I DON'T KEEP SECRETS THAT MAKE ME FEEL UNSAFE.

10. Yello Dyno's Safety Rule
I KNOW MY BODY'S MINE!

Teacher Script

Grades 2-3



The concept of Tricky People has been expanded by children to include all people who make them feel unsafe or do not tell them the truth. Remember, it's not what someone looks like, their age, or if you know them, it's what they ask you to do that matters. This means it could be a bully, a drug dealer, a stranger, or someone they know well.

INTRODUCTION:

Teacher: Today we are going to meet some new friends, Yello Dyno and his band. They have already helped over three million kids be safer. Yello Dyno wants you to learn how to stay safe. He's going to teach you how to protect yourself from Tricky People.

PERSONAL SAFETY:

Teacher: Does anyone know what "personal" means?

Kids:

Teacher: *Personal:* What I have just belongs to me. What you have just belongs to you. (It's private.)
For example: Is your toothbrush just yours?

Kids:

Teacher: What about your feet?

Kids:

Teacher: Can anyone else walk with your feet?

Kids:

Teacher: Your feet belong just to you. They're personal. In fact, your whole body belongs just to you, doesn't it? What about your heart? Your feelings? (*Put your hands over your heart.*) Are your feelings just yours?

Kids:

Teacher: That's right, your feelings are just yours. You feel sad. You feel angry. You feel scared. You feel happy. These feelings belong just to you, don't they?

Teacher: What about your mind? (*Put your hands on your head.*)

Kids:

Teacher: That's right, the thoughts in your mind are

just yours. No one can make you like spinach. They can make you eat it, but they can't make you like it. You decide if you like something or someone.

Teacher: So "personal" means everything that belongs just to you - your body, your feelings and your mind.

Teacher: Does everyone know what "safe" means?

Kids:

Teacher: *Safe:* Free from danger...or injury. Personal Safety is about keeping all of you safe - your body, your feelings and your mind. We want to make sure all of you stays safe. No one has the right to do anything that makes you unsafe.

YELLO DYNO'S SAFETY RULE #1: KNOWLEDGE IS POWER

Teacher Note: *As you come to each rule, put it on the blackboard.*

Teacher: We're going to give you the knowledge to keep yourself safe. Knowledge to help you protect yourself.

Teacher: Let's look at the animal kingdom. What animals would you want to protect yourself from if you were in the jungle?

Kids:

Teacher: Lions, tigers! They are hunters, aren't they?

Kids:

Teacher: If a tiger is hiding in the grass and watching a herd of zebras, what is he waiting for?

Kids:

Teacher: A chance to catch a zebra and get away. A tiger picks a zebra that he thinks he can beat, right?

Kids:

Teacher: He's not going to go after the biggest and strongest is he?

Kids:

Teacher: He's going to pick the one that is smaller.

Kids:

Teacher: What about a zebra that doesn't have any friends around to help him?

Kids:

Teacher: Did you know that there are people who are like the zebra? There are also people like the tiger.

Kids:

Teacher: They don't pick on someone their own size. They pick on someone they think they can beat or trick.

1. A kid who is off by himself.
2. A kid who is smaller than he is.
3. A kid who is lonely and who needs a friend.

Teacher: These are Tricky People aren't they?

Kids:

Teacher: We all know how our bodies can be hurt...but how can a Tricky Person hurt our heart and our mind?

Kids:

Teacher: One way is by asking you to keep a secret that makes you feel uncomfortable or unsafe. All these Tricky People have one thing in common. What they are doing is against the law. They can go to jail for hurting you. Did you know that?

Kids:

Teacher: Why would anyone want to hurt a kid?

Kids:

Teacher: That's hard to understand, isn't it?

Kids:

Teacher: These Tricky People have lots of pain in their hearts.

Kids:

Teacher: Most people are good, but some people have lots of pain inside. They could be a stranger or someone you know: a family member, a babysitter, a coach, or someone who lives near your home. They can be older kids or adults.

In the animal kingdom, all the animals know that the lion is a hunter and to watch out for him. He has big teeth and

claws. They all know he is dangerous.

But what about people? How do you know someone is a Tricky Person?

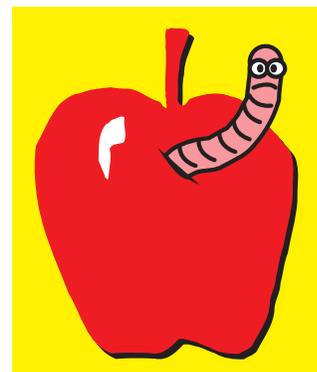
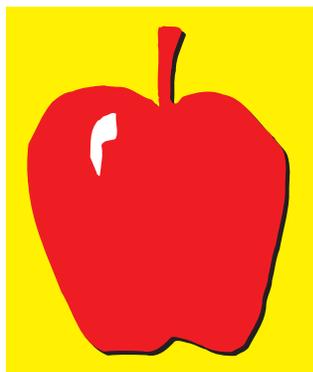
Kids:

Teacher: They're not as easy to spot, are they? Why not?

Kids:

Teacher: Because they can look nice on the outside, but be bad on the inside.

Teacher Note: Draw two pictures of an apple on the blackboard. First, draw a nice-looking apple and then draw an apple with a worm.



Teacher: Most apples are good and can look delicious, but when you take a bite you might find a worm inside. Yuk!

Now, life has a lot of ups and downs and we all feel pain sometimes. But even if someone has a lot of pain inside, they don't have the right to hurt others. They may need help to heal their pain, so they should go to an adult they trust and ask for help. They may need to see a doctor or counselor or maybe someone from their church, and ask for help. No one has the right to hurt others.

Remember:
YELLO DYNO'S SAFETY RULE #1:
KNOWLEDGE IS POWER