

Yello Dyno Pro Teacher Friendly Lesson Plan



Sample Lesson Tricky People!

Grades 5-6

An Anti-Victimization Curriculum

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Yello Dyno Pro

Professional Version

Teacher-Friendly Lesson Plan

Grades 5-6

Class Presentation: 60 Minutes

Objective: For the students to learn 10 key personal safety rules.

YELLO DYNO'S SAFETY RULE #1:
KNOWLEDGE IS POWER

YELLO DYNO'S SAFETY RULE #2:
CHECK FIRST

YELLO DYNO'S SAFETY RULE #3:
TRICKY PEOPLE, IT'S WHAT THEY ASK YOU TO DO THAT MATTERS

YELLO DYNO'S SAFETY RULE #4:

TAKE THREE STEPS BACK AND RUN LIKE THE WIND

YELLO DYNO'S SAFETY RULE #5:

THE YELLO DYNO YELL

YELLO DYNO'S SAFETY RULE #6:

TRUST YOUR FEELINGS

YELLO DYNO'S SAFETY RULE #7:

GOMF: GET OUT OF MY FACE! YOU CAN SAY, NO!

YELLO DYNO'S SAFETY RULE #8:

DON'T KEEP SECRETS THAT MAKE YOU FEEL UNSAFE

YELLO DYNO'S SAFETY RULE #9:

PLAY IT SAFE ON THE INTERNET

YELLO DYNO'S SAFETY RULE #10:

MY BODY'S MINE! MINE! MINE!

Materials:

1. *Raising Safe Kids In An Unsafe World (Teacher/Parent Handbook)*
2. *Yello Dyno's Fun Way To Safe Kids Activity Book*
3. *Yello Dyno's Tricky People or Can't Fool me Video*
4. *Yello Dyno Pro Video 2 - Lessons From Tricky People*
5. *Can't Fool Me! CD*
6. The Yello Dyno Pro Teacher Script
8. Yello Dyno Bookmarks (Optional)
9. Duplication Master Handouts and Quizzes:
 - Parent & Kids Quiz
 - Yello Dyno's Safety Rules! (student/parent review)
 - Classroom Quick Quiz
10. Disclosure Information

Equipment for Classroom Presentation:

1. Secure a TV and VCR
2. Secure a cassette or CD player (optional)

Pre-class Preparation:

1. **The book, *Raising Safe Kids In An Unsafe World*:** To deepen your knowledge or to use as a resource guide to help answer children's questions. It takes less time to read than watching a movie.

2. ***Yello Dyno's Fun Way To Safe Kids Activity Book*:** For a quick review, read the song lyrics, safety lessons and action steps (role playing) that go with each song in this book.

3. ***Yello Dyno's Tricky People Video or Can't Fool Me!*:**

Depending on your school, you may feel the lighter version, *Can't Fool Me!*, is more appropriate for your students. Those who have children in high-risk areas will probably prefer *Tricky People!*

Tricky People! is a spellbinding suspense/music video that teaches kids how to recognize dangerous behavior and say No! along with 20 other lessons to keep kids safe in today's exciting but dangerous world.

Can't Fool Me! The video teaches 20 safety lessons and the four fun songs help reinforce the knowledge.

(Optional, play the full version video during another class time to reinforce *Yello Dyno's Safety Rules!*)

4. ***Yello Dyno Pro Video 2: Lessons From Tricky People!*** Review along with the teacher script.

5. **The Yello Dyno Pro Teacher Script:** Review the Yello Dyno Pro Teacher Script and the Yello Dyno Pro Video 2, starting and stopping the video at the appropriate times.

6. Yello Dyno's Can't Fool Me! music: Review the eight songs on the CD. Use the music to reinforce the *Safety Rules!* While children are enjoying the music, research shows that memory hooks imbedded in the music help enhance recall should a child ever be in a dangerous situation. Suggested uses: Add the music to your presentations. Play the music as the children come in and out of class, while they color the coloring pages or while participating in other activities over the year.

7. Yello Dyno Bookmarks: Have them ready to reward the kids when they successfully complete the class. (Optional)

8. The *Safety Rules!* Classroom Poster: It has a key phrase from each of the 8 songs on the CD, *Can't Fool Me!* It serves as a visual reminder of what your children are learning and gives you an easy way to reinforce the safety rules.

9. Reproducible Handouts and Quizzes:

Parent/Kids Quiz: Send home to involve parents.

Yello Dyno's Safety Rules! Send home for parents to review the lessons with their children or use in class.

Classroom Quick Quiz: Use on the day of the lesson or use as a review at a later time.

Yello Dyno Pro Video 2

Professional Version

Lessons From: *Yello Dyno's Tricky People Video*

Lesson #1: Lyric & Charming in the Mall.

Lesson #2: The Tricky People Dance.

Song: *Tricky People!*

Lesson #3: The Yello Dyno Band Practicing in the Garage.

Song: *The Yello Dyno Yell!*

Lesson #4: You Can Say No!

Song: *G.O.M.F. Get Outta My Face!*

Lesson #5: Carmen and Charming in His Office.

Lesson #6: The Yello Dyno Band Concert.

Song: *My Body's Mine, Mine, Mine!*



Yello Dyno Pro

Teacher Script

Grades 5-6

(Suits some 4th grades.)

(Teachers Note: This lesson can be used with some 4th grades. To really cover the information presented here we recommend at least two class periods. Also, some material will be appropriate for some schools and not for others.)

INTRODUCTION:

Teacher: Today we are going to meet Yello Dyno and his band.

They have already helped over 1 million kids be safer.

Yello Dyno wants you to learn how to stay safe.

He's going to teach you how to protect yourself from Tricky People, Bad Guys and Bullies.

How many of you have younger sisters and brothers?

Kids:

Teacher: Younger neighbors? Cousins?

Kids:

Teacher: You're older and may know how to be safe already, but your younger siblings and friends don't. So it's important to listen so you can share this information with them.

1 in 3 girls and 1 in 7 boys will experience sexual abuse before the age of 18.

Children 11 to 17 are the primary targets of child abusers.

It's a problem. But it is a problem that can be avoided with the right KNOWLEDGE.

YELLO DYNO'S SAFETY RULE # 1: KNOWLEDGE IS POWER

(Teacher Note: Please write the YD Safety Rules on the blackboard.)

Teacher: 85% of dangerous situations can be avoided with the right KNOWLEDGE.

You can protect yourself.

Today we are going to teach you behavior that may signal to you that this person is dangerous.

We're also going to give you the knowledge to keep yourself safe, knowledge to help you protect yourself.

Lessons 1 through 4 are not included in the sample lesson.

YELLO DYNO PRO VIDEO 2 - LESSON #5: CARMEN AND CHARMING IN HIS OFFICE

Teacher: Carmen is in a difficult situation isn't she?

Kids:

Teacher: She's been tricked. I bet she thinks it's her fault too. But don't you think an adult who is so much older than she is should know what is right and wrong?

Kids:

Teacher: He is the one who is responsible. Abusing a child is against the law. It is a crime. It is not the child's fault no matter what that adult has told them.

YELLO DYNO'S SAFETY RULE #8: DON'T KEEP SECRETS THAT MAKE YOU FEEL UNSAFE

Teacher: What about keeping a secret that makes you feel bad?

Kids:

Teacher: That's not like keeping a secret about a surprise birthday party is it?

Kids:

Teacher: That makes you feel good.

(Teacher Note: As the children answer the questions point to the YD Safety Rule #8 on the board.)

Teacher: What if an adult who lives near you wants to let you watch a TV show that your parents won't let you watch and he asks you to keep it a secret? What do you do?

Kids: "Don't keep secrets!"

Teacher: Tricky People are really tricky.

First they might ask you to keep a small secret that your mom would only get a little upset about. So it doesn't seem like a big deal. But then the secrets keep getting bigger and soon you are afraid to tell. So what do we do?

Kids: "Don't keep secrets!"

Teacher, "Tell an adult you trust and ask for help."

What if a friend takes you somewhere that your parents don't want you to go and he asks you to keep it a secret from your parents what should you do?

Kids: "Don't keep secrets!"

Teacher, "Tell an adult you trust and ask for help."

What if he tries to scare you into keeping quiet, what do you do"?

Kids: "Don't keep secrets!"

Teacher, "Tell an adult you trust and ask for help."

What if he says, "Your mom won't love you anymore"?

Kids: "Don't keep secrets!"

Teacher, "Tell an adult you trust and ask for help."

What if she says, "Your dad is going to be so mad at you for what you have done"?

Kids: "Don't keep secrets!"

Teacher, "Tell an adult you trust and ask for help."

What if he says, "If you don't keep quiet I'll hurt your dog"?

Kids: "Don't keep secrets!"

Teacher, "Tell an adult you trust and ask for help."

What if she says, "This is all your fault"?

Kids: "Don't keep secrets!"

Teacher, "Tell an adult you trust and ask for help."

Don't you think an adult or a teenager should know what is right and wrong?

Kids: "Yes!"

Teacher, So if he or she tries to get you to do something that makes you feel bad, they are the ones who are wrong and are at

fault, not you. Abusing a child is against the law. It is a crime. It is not the child's fault no matter what that adult has told them.

If someone asks you to keep a secret from your parents, what do you say?

Kids: "I don't keep secrets!"

Teacher: I have a hard one for you. What if your uncle wants you to keep a secret and if you will keep the secret he will buy you a new CD. What do you say?

Kids: "NO! I don't keep secrets!"

Teacher: We don't keep secrets that make us uncomfortable. And if you made a mistake, you can tell an adult you trust to help you.

If someone has hurt you, Yello Dyno and I give you permission to tell an adult you trust.

(Teacher Note: This is a very important line. Please say it as it is written to help children come forward who need help.)

Teacher: **YELLOW DYNOS SAFETY RULE #8: DON'T KEEP SECRETS THAT MAKE YOU FEEL UNSAFE**

Teacher: Did you notice the name of the Tricky Person who tried to get Lyric to leave the mall?

Kids:

Teacher: That's right, Mr. "Charming".

That's an unusual name isn't it?

Kids:

Teacher: Why do you think they picked the name "Charming" for him?

Kids:

Teacher: That's right, he's using charm to get Lyric to do something that is wrong and could be dangerous for her.

Lets look at behavior that could mean danger.

Any one of these can be just fine but if **2 or 3 of these situations** remind you of an adult or teen you know, discuss your concerns with an adult you trust.

Be concerned if:

1. A person is **too charming**, too nice, even adults thinks he is Mr. "Wonderful".
2. A person likes to be with kids more that other adults or teens their own age.
3. A person always understands your problems but encourages you to go against your parents.
4. A person gives you gifts that make you feel extra special but says you don't owe him anything.
5. A person does fun things with you but just wants it to be the two of you.

**YELLO DYNO'S SAFETY RULE #10:
MY BODY'S MINE! MINE! MINE!**

**YELLO DYNO PRO VIDEO 2 - LESSON #5:
THE YELLO DYNO BAND PERFORMANCE.
SONG: MY BODY'S MINE! MINE! MINE!**

(Teacher Note: In this scene, The Yello Dyno Band is at their first concert. They are singing a very special song, My Body's Mine! Mine! Mine!

This song is very important because it reminds you that you are the boss of your body and you decide who gets to hug you and who gets to touch your body. Remember what your bathing suit covers is private and yours. Remember, child abuse is against the law!

REMEMBER SAFETY RULES!

End of Sample Lesson...

Thanks for reviewing this sample lesson.
We look forward to hearing your comments, answering your questions, and helping you bring the Yello Dyno Safety Rules! to your kids.

A handwritten signature in black ink, appearing to read "Jan". The signature is fluid and cursive, with a large loop at the end.

Yello Dyno Founder